

Personal Social and Health Education (PSHE) is a subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain.

In our school we follow the Programme of Study created by the PSHE Association.

We aim to develop pupils' skills and attributes such as resilience, self-esteem, risk-management, teamwork and critical thinking in the context of learning grouped into three core themes:

- Health and wellbeing
- Relationships
- Living in the Wider World (including economic wellbeing and aspects of careers education)

There are also opportunities to develop skills through the Cornerstones Curriculum, PE and RE.

As a Church of England school, the PSHE curriculum threads through our collective worship programme, linking with our Christian values, British values and SMSC.

